

# Gluten Free Menu

## Starters

<b>Garlic Bread (V)</b> Add cheese \$2	\$10
<b>Duo of Dips (V)</b> Marinated olives + warm focaccia bread	\$13
<b>Buffalo Chicken Wings</b> Ranch dressing + hot sauce	\$15
<b>Tomato Bruschetta (V, VGO)</b> Basil, red onion, balsamic + marinated fetta	\$15
<b>Tempura Fried Prawns</b> Lime aioli + lemon	\$16

## Mains

<b>300g Gippsland Grass Fed Porterhouse</b> Cooked to your liking Choose a side – salad + chips or mash + vegetables Choose a sauce – creamy mushroom, peppercorn, red wine jus, gravy, garlic butter	\$40
<b>Slow Cooked Lamb Shank</b> Parsnip mash, green beans, orange gremolata, tomato + herb sauce Double shank \$38	\$28
<b>Twice Cooked Pork Belly</b> Duck fat kipflers, braised red cabbage, apple puree + red wine jus	\$32
<b>Nasi Goreng</b> Chicken, prawns, Asian vegetables, rice, crispy shallots, special sauce + a fried egg	\$28
<b>Vegetarian option</b>	\$23
<b>Chorizo Fettuccine</b> Chorizo, roast capsicum, red onion, olives, fetta, Napoli sauce + parmesan	\$28

## Sides

<b>Mash Potato</b>	\$7
<b>Steamed Vegetables + Garlic Butter</b>	\$7
<b>House Salad</b>	\$7
<b>Bowl of Chips + Tomato Sauce</b>	\$7

## Classics

<b>Chicken Parmigiana</b> Salad + chips Substitute salad + chips for mash + vegetables Add \$3	\$27
<b>Chicken Schnitzel</b> Salad, chips + gravy Substitute salad + chips for mash + vegetables Add \$3	\$25
<b>Eggplant Parmigiana (V, VGO)</b> Napoli, spinach, roast capsicum, cheese, salad + chips	\$23
<b>Fish + Chips</b> Gilled barramundi, salad, chips + tartare sauce Substitute salad + chips for mash + vegetables Add \$3	\$30
<b>Beef Burger</b> Cheese, bacon, red onion, cos, pickles, special burger sauce + chips	\$23
<b>Lemon Pepper Squid</b> Rocket, tomato + red onion salad, chips + sweet chilli aioli	\$25
<b>Chicken Caesar Salad</b> Cos, bacon, croutons, parmesan cheese, anchovies + poached egg Add Prawns \$8	\$22

## Kids

Only available to kids 12 and under  
All items **\$12.50** & includes a drink and ice cream

<b>Grilled Chicken Tenders</b> Mash + vegetables
<b>Cheeseburger + Chips</b>
<b>Chicken Schnitzel</b> Chips + salad
<b>Chicken Parmigiana</b> Chips + salad
<b>Penne Bolognese</b> Parmesan cheese
<b>Penne Napoli (V)</b> Parmesan cheese
<b>Vegetable Fried Rice</b>

## Seniors

Only available to seniors  
Please present seniors card when ordering

<b>Chicken Parmigiana</b> Salad + chips Substitute Salad + chips for mash + vegetables Add \$3	\$18
<b>Chicken Schnitzel</b> Salad, chips + gravy Substitute Salad + chips for mash + vegetables Add \$3	\$16
<b>Fish + Chips</b> Grilled barramundi, salad, chips + tartare sauce Substitute Salad + chips for mash + vegetables Add \$3	\$18
<b>Char Grilled Minute Steak</b> Choose a side – salad + chips or mash + vegetables Choose a sauce – creamy mushroom, peppercorn, red wine jus, gravy, garlic butter	\$21
<b>Corned Beef</b> Mash, vegetables + creamy mustard sauce	\$20
<b>Eggplant Parmigiana (V)(VGO)</b> Salad + chips	\$15
<b>Caesar Salad</b> Cos, bacon, croutons, parmesan cheese, anchovies + poached egg Add chicken \$4   Add prawns \$6	\$14
<b>Beef Rissoles</b> Mash, vegetables + onion gravy	\$16
<b>Lambs Fry + Bacon</b> Mash, vegetables + onion gravy	\$14
<b>Tully's Butchers Bangers + Mash</b> Pork, fennel + herb sausages, mustard mash, onion jam + red wine jus	\$18

(V) Vegetarian (VG) Vegan (VGO) Vegan Option Available

Please note Cheltenham RSL makes every effort to identify ingredients that may cause allergic reactions for those with food allergies and intolerances.

While we take care in preparing and cooking our meals to our customers requirements, it is important to note that our kitchen is not an allergen free environment.